allstructOptim600 =

struct with fields:

Day1: [1×1 struct]

Day2: [1×1 struct]

Day3: [1×1 struct]

Day4: [1×1 struct]

Day5: [1×1 struct]

allstructOptim600.(['Day' num2str(day)])

ans =

struct with fields:

originalTable: [2×16 table] - recipes to cook that day in general

Table600: [0×16 table] - - recipes to cook that day per pot size

Table1200: [2×16 table] - recipes to cook that day per pot size

cost600: [0×16 table] - recipes to cook **after optimization per pot size**